



Swimming Policy

Aims/Purposes

- To enable pupils to acquire basic swimming skills while they are at Gaelscoil Bhréifne.
- To comply with the requirements of the Revised Curriculum in aquatics.

Rationale

- The school has regard to both the physical and mental development of each of its pupils. Believing that a healthy body promotes a healthy mind, the school arranges for a 6 week course of swimming instruction in the Cavan Sports Complex & Swimming pool for its students during the school year.

Procedures Guidelines

- Each pupil will attend an 6 week session in a swimming pool annually from Rang 2 – Rang 6
- Attendance at this course fulfils the Aquatics Module of the PE Curriculum as laid down by the Department of Education and the cost of the course is paid for **by the parents**.
- All children are encouraged to participate in aquatics lessons as part of the National Curriculum. Should a child be unable to attend aquatics, due to a medical condition, a letter must be written to the Board of Management requesting exemption. Arrangements for supervision in this instance will be made on a case-by-case basis. Should a child be unable to attend one lesson due to ill health or any other reason, a letter must be given to the principal, **and he/she will remain at school under the supervision of another teacher**.
- Pupils will be accompanied by and supervised by a class teacher on the way to the pool from the school. Pupils will walk to the pool and the class teacher will provide supervision before and after the swimming lesson. Lessons will be during the school day.
- All children attending the course should wear their tracksuit. (Swimming togs may be worn under tracksuits coming to school). Each child must have a suitable bag to carry his/her swimming gear (Sports bag or similar with secure zip or other fastening).
- All items brought to the pool must be clearly labelled with the child's name. This includes the bag, tracksuit, socks, underwear and shoes.
- Each child must have their own togs (without pockets), towel, hairbrush and swim cap, all of which must also be marked.

Gaelscoil Bhréifne
Cnoc an Choiligh
An Cabhán
H12 TD54
Uimhir Rolla: 20026G
Príomhoide: Niamh Ni Cheallaigh
Leas-Príomhoide: Éadaoin Nic Einrí



Health and Safety

- Best practice in relation to the supervision, instruction and child protection procedures as outlined by the Irish Sports Council, Swim Ireland and the National Safety Council will be adhered to at all times. Staff will follow the guidelines of our own Health & Safety and Child Protection policies at all times.
- Pupils are required to behave at all times in a manner that ensures the safety of all involved in school swimming. Pupils must endeavour to obey the instructor's orders at all times and comply with the School Code of Behaviour.
- Parents/guardians will receive a standard letter providing information on school swimming before their child starts their swimming term.
- Teachers of all classes should remain on the viewing deck during the lesson in order to supervise the overall group and pupils who may need to use the toilets during the lesson.
- **Parents will be provided with a consent form to sign before the commencement of swimming lessons.**
- The pool will be provided with information regarding any child with a Special Educational Need, physical disability or medical diagnosis that may compromise their safety at swimming, eg. Epilepsy.

Policy is revised annually or at other times if deemed necessary

This policy has been reviewed by the Board of Management on 12th October 2022.

Signed _____ Date _____

Chairperson, Board of Management

Signed _____ Date _____

Principal/Secretary to the Board of Management